

STOCKMAN JIU JITSU	KIDS 9-14		FUNDAMENTALS					
Position / Technique	Knowledge Achieved		Position / Technique	Knowledge Achieved		Position / Technique	Level	Knowledge Achieved
MOUNT			GUARD - BOTTOM			SELF DEFENSE		
Position Control			Position Control			Standing Headlock		
Low and High Swim			Reguard from Half Guard			Headlock with Posture		
Side to Side			Open to Knee Shield and Close			Headlock Bent Over		
Foot and Knee Placement						Headlock with Punches		
Sitting Up								
Pull the Wrist			Transitions					
Break Hug								
Transitions								
Mount to Technical Mount								
Mount to Back						Ground Headlock		
						Headlock with Posture		
Attacks			Attacks			Headlock Low		
Arm Bar			Arm Lock			Headlock with Punches		
Americana			Triangle					
Cross Choke			Kimura			Bear Hugs		
Technical Mount Armbar			Cross Choke			Bear Hug Front Over Arms		
						Bear Hug Front Under Arms		
						Bear Hug Back Over Arms		
						Bear Hug Back Under Arms		
Escapes			Sweeps					
Trap & Roll			Hip Bump			Standing Rear Nake Choke		
Knee Escape			Lumberjack Sweep			Pulling Back		
			Scissor Sweep			Normal		
			Heel Sweep					
						Grip Breaks	-	
						Single Collar Grip		
						Double Collar Grips		
						3 Wrist Grips		
BACK			GUARD - TOP					
Positional Control			Positional Control					
Seat Belt			Posture in Closed Guard					
Hooks and Use			Break Sleeve Grip					
			Break Collar Grip					
Transitions			(2 hands and amassa pao)					
Back to Mount						Floor Drills / Skills		
						Shrimping	-	
Attacks			Opening Guard			Technical Standup	-	
Rear Naked Choke			Open Standing			Forward Roll	-	
Collar Choke			Open Low			Back Roll	-	
Weak Side Arm Bar						Spider Walk	-	
			Passing Guard			Break Fall	Forward	
Escapes			Knee Staple/Over-Under				Side	
Weak Side Escape			Double Under				Back	
						Teeter Totters		
SIDE CONTROL			STAND UP			Leg Press		
Positional Control			Positional Control					
Normal Side Control			Distance Control					
Forward Side Control			Closing The Distance					
*Rear Side Control								
Regaining Underhook								
Heavy vs Close								
			Take Downs					
Attacks			Body Fold & Trip					
Americana			Double Leg					
*Kimura			Hip Throw					
*Step Over Arm Lock								
Escapes								
Hip Escape								
Transitions								
Side Control to Mount								